



Adult Health History

Name	Date of birth	Age	Date
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Your answers on this form will help your healthcare provider better understand your medical concerns and conditions. If you cannot remember specific details, please provide your best answer. Thank you.

Describe the condition or complaint that brings you to our clinic:

When did it start? _____

What symptoms are you having? _____

What have you tried? _____

Any other information: _____

Height: _____ ft _____ in

Weight: _____ lbs.

Are you pregnant? Yes No

Primary care provider

Review of Systems *Have you ever had any of the following (check all that apply)*

Neuro:

- Confusion/Memory Loss
- Anxiety/Depression
- Stroke
- Numbness/Tingling/Neuropathy
- Disease: _____
- Dementia

Heart:

- Irregular
- Murmur
- Heart Attack
- CHF
- Pacemaker
- Edema
- Coronary Artery Disease

Lungs:

- SOB
- COPD
- Asthma
- Coughing
- Sleep Apnea
- O2 Use
- Wheezing

Skin:

- Wounds/ulcers
- Rashes
- Lesions
- Fragile Skin
- Itching
- Varicose Veins

Back:

- Pain/Chronic Pain
- Acute Injury
- History of Vertebral Fractures
- Surgery: _____
- Imaging: _____

Vascular:

- History of Stents
- PAD – Peripheral Arterial Disease
- Varicose Veins
- Cool or Cold Feet
- Red, Purple, or Blue Feet
- Leg Ulcer
- Using Compression Socks
- Date: _____

HEENT:

- Hard of Hearing
- Sinus Problems
- Wearing Glasses/Contact Lenses

Abdomen/GI:

- Tenderness
- Liver Disease/Cirrhosis/Fatty Liver
- Reflux/GERD
- Constipation

Mobility:

- History of Falls
- Uses Cane
- Uses Walker
- Uses Wheelchair

Other:

- Blood Thinner:
 - Name: _____
 - Why? _____
- Use of Osteoporosis medication
- History of Vertebral Fractures
- Diabetes
 - Type 1 Type 2
 - HbA1c: _____
 - Date: _____
 - Managing Dr. : _____



Adult Health History

Family History

Mother <input type="checkbox"/> Living <input type="checkbox"/> Deceased	Major Illnesses
Father <input type="checkbox"/> Living <input type="checkbox"/> Deceased	Major Illnesses
# brothers alive: _____ # brothers deceased: _____	Major Illnesses
# sisters alive: _____ # sisters deceased: _____	Major Illnesses
# children alive: _____ # children deceased: _____	Major Illnesses

Social History

Tobacco use

Cigarettes Never Quit date: _____ Current smoker: _____ packs/day; # of years _____

Other tobacco; Pipe Cigar Snuff Chew Vape

Are you interested in quitting? Yes No What have you tried in the past? _____

Alcohol use

Do you drink alcohol? Yes No # drinks/week _____

Is alcohol use a concern for you or others? Yes No History of Alcoholism? Yes No

Caffeine Yes No

Narcotic Drug Use Yes No

Socioeconomics

Occupation – if retired, previous occupation _____ Retired

Employer _____

Marital status Name (if applicable): _____

Single Married Divorced Widowed Partner or Significant Other

Who do you live with? # Children	Where? <input type="checkbox"/> Home/Apartment <input type="checkbox"/> Assisted Living <input type="checkbox"/> Skilled Nursing Facility <input type="checkbox"/> Other
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In the past month have you had little interest or pleasure in doing things, or felt down, depressed, or hopeless?
 Yes No

Do you have an Advanced Care Plan (Living Will)?
 Yes No

Who is your surrogate decision maker?
Name: _____ Relationship: _____ None

Do we have permission to share your treatment information with them?
 Yes No

Signature

Patient signature	Date
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