



Biopsy Discharge Instructions Image Guided

An image guided biopsy is a procedure where a radiologist uses a needle to remove tissue samples from a suspicious lesion to make a diagnosis. A biopsy is performed using a CT scan or ultrasound which helps guide the physician while obtaining tissue from the specific area, thus avoiding injuring important nearby body parts. These biopsies allow the radiologist to access hard to reach areas of the body without surgery, but with the same or even better accuracy than a surgical biopsy.

Aftercare Instructions

- Rest quietly for the remainder of the day. You may resume normal activities the next day, although avoid strenuous exercise for 48 hours.
- If you received sedation, for the following 24 hours:
 - **DO NOT** drive a car or operate heavy machinery.
 - **DO NOT** drink alcohol.
 - **DO NOT** make important personal decisions or sign legal documents.
 - **DO NOT** be responsible for the care of another person.
 - **DO NOT** make large purchases.
- Resume your normal diet and medications.
- You may shower 24 hours after your biopsy. Pat the biopsy site gently, do not rub or scrub the area. Avoid tub baths or swimming for 7 days after the biopsy.
- Mild discomfort and a small amount of bruising are expected. If you believe either to be intolerable or excessive, please notify us.
- We recommend Tylenol (acetaminophen) or Motrin (ibuprofen) for post biopsy discomfort. Do not take aspirin products for 24 hours after the biopsy.
- **Your ordering physician will receive the results of the biopsy within 24-48 hours and should contact you with the results, or you can contact your physician.**
- We recommend that you have a responsible adult that stay with you for the remainder of the day or 12 hours.
- For 72 hours after your biopsy, avoid lifting more than 10 pounds and strenuous physical activity.

Please call your ordering doctor or primary care physician if you notice any of the following:

- Significant pain at the site unrelieved by Tylenol
- Hematoma or painful lump around the site
- Fever greater than 100.6°F
- Redness or drainage at biopsy site
- Continued nausea and vomiting

Seek EMERGENCY CARE if you have:

- Chest pain
- Uncontrolled bleeding
- Confusion or change in mental status
- Difficulty breathing or shortness of breath
- Progressive swelling of any area
- Severe abdominal pain or bloating
- Dizziness or feeling like you are going to pass out

If you have an emergency, go directly to the nearest emergency room or call 911. Do not wait to contact our staff.

Teton Radiology may be reached at (208) 524-7237, or (208) 356-4888 for Rexburg.

(Patient name - Please print)

Your radiologist was:

I understand the above information.

(Patient or family member's signature)

Date

Reviewed with me by:

(Technologist or nurse)

Date