



## Discharge Instructions for IV Contrast Extravasation

For your test today, you were given a “contrast medium,” or dye, through your vein. Some of this dye has leaked into the tissues. This may cause pain, burning, redness, or swelling.

Usually, these areas get better quickly. Sometimes, further treatment is needed.

The radiologist, Dr. \_\_\_\_\_ saw the area today and has recommended that you follow these instructions:

- Keep the area elevated 8-12 hours. Put it up higher than your heart. This helps the swelling go down.
- Put cold pack on the area for 15-60 minutes at a time 3 times a day for 1-3 days.
- Avoid tight fitting clothing/jewelry near the affected site.
- Take Tylenol (acetaminophen) per the instructions on the bottle every 4 hours or Motrin (ibuprofen) per instructions on the bottle every 6 hours if needed for pain.
- If the pain gets worse or if the swelling does not improve after 24 hours, or if there is any blistering or break in the skin, call us right away.
- A nurse or CT technologist will call you within 24 hours to follow up on the extravasation.

If you have any questions or problems, please call 208-524-7237.

Patient name (please print)	Signature of patient or personal representative	Date
If personal representative, please print name and relationship to patient or description to act in authority		
Witness		Date