



# Hysterosalpingogram Discharge Instructions

A hysterosalpingogram (HSG) is a procedure that uses fluoroscopy (moving x-rays) and contrast (x-ray dye) to visualize and assess the condition and shape of the uterus and fallopian tubes.

## What are the risks associated with HSG?

Severe problems after an HSG are rare. They include an allergic reaction to the dye, injury to the uterus, bleeding or pelvic infection.

## Post Procedure Instructions:

- You may experience vaginal spotting (bleeding) and pelvic cramps for 1 day after the procedure. You may use pads for any discharge or bleeding you experience.
- Do not use tampons, douche, or have intercourse for 24 hours after the exam.
- You may take ibuprofen or Tylenol as needed for cramping.
- Your doctor will be contacted with the results of your test and will discuss the results with you.

## Please call your doctor if you have any of the following:

- Increasing pain
- Heavy bleeding or a fever at any time following the exam
- Foul-smelling vaginal discharge
- Vomiting

## Seek EMERGENCY CARE if you have:

- Fainting
- Severe abdominal pain or cramping
- Heavy vaginal bleeding
- Fever or chills
- Chest pain
- Uncontrolled bleeding

- Confusion or change in mental status
- Difficulty breathing or shortness of breath
- Progressive swelling of any area
- Severe abdominal pain or bloating
- Dizziness or feeling like you are going to pass out

**If you have an emergency, go directly to the nearest emergency room or call 911. Do not wait to contact our staff.**

\_\_\_\_\_  
(Patient name - Please print)

**Your radiologist was:**

\_\_\_\_\_

**I understand the above information.**

\_\_\_\_\_  
(Patient or family member's signature)

\_\_\_\_\_  
Date

**Reviewed with me by:**

\_\_\_\_\_  
(Technologist or nurse)

\_\_\_\_\_  
Date